



4
DAYS

High Salt Flats of the Andes

We begin with an acclimatization, we'll trek through the Salt Mountain Range, a canyon in the pre-altiplano and visit the salt flat. Once we are ready, we'll go to the inhospitable altiplano from where we'll begin our journey through hills and salt flats of unmissable beauty.

We recommend you to spend a couple of extra days in the surroundings of San Pedro before doing this itinerary to ensure a good acclimatization.

1ST DAY: Trek Ckari Gorge (Moon Valley)

Atacama Salt Flat

2ND DAY: Trek Nacimiento Canyon. Opt. Rock Climbing.

3RD DAY: Trek Aguas Calientes / Tara

4TH DAY: Trek Aguas Calientes / Pujsa Slat Flat

5 NIGHTS AND 4 DAYS. **INCLUDES ONLY INDICATED MEALS. IF YOU WANT TO ADD ACCOMMODATIONS IN SAN PEDRO AND TRANSFERS FROM CALAMA, SEE OUR WEBSITE.**

DIFFICULTY INTERMEDIATE / DIFFICULT.

DIFFICULT: WALKING ON UNEVEN TERRAIN AND POSSIBLE LONG SLOPES. DISTANCES THAT CAN SURPASS 15 KM AND 5 HOURS OF MARCH WHILE CARRYING A PERSONAL BACKPACK (+/- 4KG). AROUND 4000 M OF SUSTAINED ALTITUDE.

THE TERRAINS HAVE NO TECHNICAL DIFFICULTY, IT'S RATHER THE DISTANCE AND ALTITUDE THAT DEFINES THIS CATEGORY.

ATACAMA
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DAY 01



We start our excursion from San Pedro de Atacama, we go to the viewpoint of Ckari where we have a panoramic view of the Atacama basin, from here we start our trek down a dune to then cross the salt mountain range through a narrow gorge and several salt caves. After about 2 hours of hiking we come through the other side and take the vehicle to visit the Moon Valley.

We continue our journey to the south-west until arriving at the Chaxa Lake where we can appreciate the particular geology of the Atacama Salt Flat, here we will find several lakes populated by different species of flamingos, we'll have lunch in this beautiful place. We then continue our trip until the Nacimiento Canyon where we see the sunset and set camp.

Distance: 157 km.
Trek Ckari: 5.3 km.
Altitude: 2500 m.

Accommodations:
Camp site, Nacimiento (3600 m).
Meals: Breakfast at the hotel + Lunch + Dinner + Snacks.

DAY 02



We'll trek about 6 hours through the Nacimiento Canyon. We'll take a car to the starting point, seeing the vegetation of the pre-puna and a beautiful view of the Atacama Salt Flat, then we walk into a large ravine. We'll follow the course of the water admiring the imposing rock formations. This place sheltered the first nomadic inhabitants of the region about 8000 years ago. At the end of the walk, we'll board the vehicle, and head north of the plateau on a road that exceeds 4810 meters of altitude.

This place is so inhospitable that it seems like the surface of a lifeless planet, nevertheless when we find sources of water, we observe that several species of animals like flamingos and vicuñas have managed to adapt to these conditions.

We set up camp next to the Laguna Aguas Calientes.

Distance: 203 km.
Trek Nacimiento: 12 km.
Altitude: max. 4200, min. 3600 m.

Accommodations:
Camp site, Aguas Calientes (4240 m).
Meals: Breakfast + Lunch + Dinner + Snacks.

DAY 03



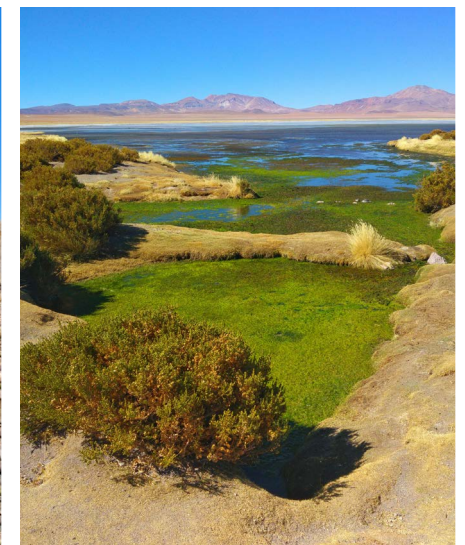
We'll hike for about 6 hours through landscapes that seem to be from another planet, rock pillars rise over gravel soils, formed by a millennia of erosion.

At the end of our trek we'll arrive at the impressive Salar de Tara. Surrounded by impressive geological formations known as Cathedrals of Tara, vicuñas and flamingos amongst other bird species.

We return to the vehicle, and go off road back to our camp site next to the Aguas Calientes Lake.

Distance: 39 km.
Trek Aguas Calientes / Tara: 22,7 km.
Altitude: 4300 m.
Accommodations:
Camp site, Aguas Calientes (4240 m).
Meals: Breakfast + Lunch + Dinner + Snacks.

FULL DAY



DAY 04



From Aguas Calientes we begin a 6-hour trek to the Pujsa Salt Flat, home to hundreds of pink James flamingos. This lake is characterized by its reddish tones produced by algae and by the white borax islands that splash its waters.

Return to San Pedro de Atacama

Distance: 110 km.
Trek Aguas Calientes / Pujsa: 18 km.
Altitude: Min. 4300, Max. 4500 m.

Accommodations:
In hotel, San Pedro de Atacama.
Meals: Breakfast + Lunch + Snacks.

YOU SHOULD CONSIDER THE FOLLOWING

Do not underestimate the treks based on distances and numbers. Do not compare activities that you normally do where you live with the activities we are proposing, the climate, the altitude and the qualities of the terrain often make it much more difficult to progress on one of these routes. It often happens that people accustomed to walking and outdoor activities feel that distances and efforts are greater than they seem. Our itineraries are built to ease you into it.

YOU'LL NEED

Clothing must meet the following requirements: It must be adequate, comfortable, give shelter and insulation, be resistant, be consistent, maintain a restricted volume and weight, if possible waterproof.
It is important to bring **YOUR OWN SLEEPING BAG** -15/-20C° resistance.

You'll also need:

- [] Sunscreen, at least 50FPS.
- [] Sunglasses (Ideally Spectron 3 or more).
- [] Mountain boots (or trekking), they should cover and protect your ankles, with rigid sole.
- [] For legs and torso, dress using a layer system. First layer consists of water repellent fabric, the second layer must be a fleece or a material that keeps warm air next to the body, and the third layer must protect and isolate you from elements such as wind, rain and snow.
- [] Gloves (Double layer recommended for mountain).
- [] Cap to protect against solar radiation and wind in the head and ears (It depends on the activity, it can be a wool cap, a jockey, a Baff or in mountain even a Balaclava)
- [] Walking sticks are recommended, but not mandatory.
- [] Backpack that meets the requirements of the activities to be carried out.
- [] Frontal flashlight for camping (an external charger is a good idea).
- [] Slippers or something comfortable to get into when at the camp (also thick sleeping socks).

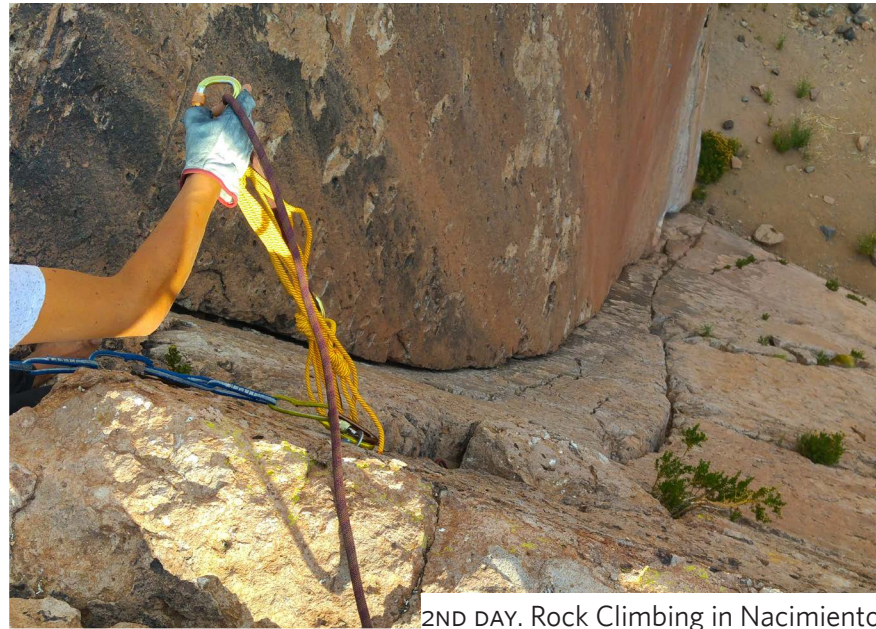
WE HAVE

- > Tents.
- > Sleeping mats.
- > Food.
- > Spot / GPS.
- > First Aid Kit.





1RST DAY. 3 Marys, Moon Valley.



2ND DAY. Rock Climbing in Nacimiento.



1RST DAY. Lac Chaxa, Salar d'Atacama.



1RST DAY. Amphitheater, Moon Valley.



4TH DAY. Pujsa Salt Flat.



2ND DAY. Nacimiento Canyon.